



INTERNATIONAL ORIENTEERING FEDERATION

Special Rules Orienteering World Cup 2020

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Special Rules for the 2020 Orienteering World Cup

The 2020 World Cup will consist of 9 competitions in total, 7 individual competitions and 2 relays. The programme includes Round 1 in Switzerland, Round 2 (which will also be the European Orienteering Championships) in Estonia, and the World Cup Final (Round 3) in Italy.

The full programme is:

Competition	Date	Format	Event	Country
1	21 May	Long Distance	WCup Round 1	Switzerland
2	22-23 May	Knock-Out Sprint	WCup Round 1	Switzerland
3	24 May	Sprint	WCup Round 1	Switzerland
4	20 August	Long Distance	WCup Round 2 & EOC	Estonia
5	22 August	Middle Distance	WCup Round 2 & EOC	Estonia
6	23 August	Relay	WCup Round 2 & EOC	Estonia
7	1 October	Long Distance	WCup Final	Italy
8	3 October	Middle Distance	WCup Final	Italy
9	4 October	Relay	WCup Final	Italy

The **Competition Rules for IOF Foot Orienteering Events** (valid from 1st February 2020, as published on the IOF website www.orienteeing.sport) apply to all competitions.

Start order

Any reference to the World Ranking on a particular date means the ranking at 21:00 local time on that day.

Round 1 (Switzerland)

The starting order for competition 1 is determined by the order of the World Ranking as of 19 May 2020 (best ranked starting last). For competition 2, the starting order within each qualification race is determined by the order of the Sprint World Ranking as of 19 May 2020 (best ranked starting first), with the allocation of runners to each qualification race as per the requirements of rule 12.8. Qualification for subsequent rounds is according to rule 12.26. The starting order for competition 3 is determined by the order of the Sprint World Ranking as of 19 May 2020 (best ranked starting last).

Round 2 (Estonia)

The starting order for the Long Distance competition (4) is determined by the order of the World Ranking as of 17 August 2020 (best ranked starting last). The starting order for the Middle Distance Final race (5) is determined by the results of the Middle Distance qualification race held on 19 August 2020. See Rules Appendix 7, section 4 and Rule 12.12.

World Cup Final (Italy)

The starting order for the Long Distance competition (7) is determined by the order of the World Ranking as of 29 September 2020 (best ranked starting last). The starting order for the Middle Distance competition (8) is determined strictly by the order of the World Cup standings as of the end of competition 7 (best placed starting last). For competition 8, competition rule 12.7, regarding separating runners from the same Federation, does not apply.

Where necessary, lots are drawn to resolve ties for the purpose of deciding starting order. If the starting order is based on ranking or World Cup points and some competitors have no points, those competitors are ordered randomly and start before those with points.

Start Intervals

Long Distance competitions (1, 4 and 7): The start interval will be 3 minutes for the last 30 competitors and 2 minutes for all others.

Middle Distance competitions (5 and 8): The start interval will be 2 minutes for all competitors.

Sprint competition (3): the starting interval and sequence will be as follows:

- 1st block: for those outside the 40 best-ranked competitors entered, interval 1 minute, men and women running at the same time (either starting simultaneously or with a 30-second offset)
- 2nd block: the 40 best-ranked women, interval 1.5 minutes
- 3rd block: the 40 best-ranked men, interval 1.5 minutes

There may be a break between the different blocks to suit the TV-coverage.

Knock-Out Sprint competition (2): rule 12.26 applies.

Scoring System

For all individual competitions except competition 2, points are awarded as shown below:

1st place = 100 points

2nd place = 80 points

3rd place = 60 points

4th place = 50 points

5th place = 45 points

6th place = 40 points

7th place = 37 points

8th place = 35 points

9th place = 33 points

For places 10 – 40, points = (40 - placing + 1) i.e. 10th place = 31 points, 11th place = 30 points, etc. until 40th place = 1 point

In the case of a tie, the tied runners each receive the same points as if they had each been placed in the highest of the tied positions. Runners who are not placed receive no points.

In competition 2, the scoring system is as follows:

Final: as for places 1-6 above.

Semi-finals: 3rd place 35 points, 4th place 30 points, 5th place 27 points, 6th place 24 points.

Quarterfinals: 4th place 20 points, 5th place 14 points, 6th place 8 points.

Qualification race: 13th place in each heat 4 points, 14th place 1 point.

Runners who are not placed in any Knock-Out round receive the points for last place in that round.

World Cup standings are defined as the sum of all scores.

In the event of two or more competitors having the same number of points after competition 8, they shall be ranked in order of their placing in competition 8. Any competitors who are still equal shall be ranked in order of their highest placing during the season, and, if still equal, the number of occasions on which they achieved that placing.

National quotas for all individual competitions

The national quotas are based on the total points of the leading 10 athletes from each Federation as shown in the IOF World Federation League Tables (combined Sprint/Middle/Long) published on 1st January 2020 (<https://ranking.orienteering.org/fit/>). Separate quotas will apply for men and women.

The allocations for competitions will be:

- The top 6 Federations get 8 places.
- The next 8 Federations get 6 places.
- The host Federation gets 8 places, irrespective of its standing in the IOF Federation League Table.
- All other Federations get 4 places

A Federation may enter any runner irrespective of her/his position in the IOF World Rankings lists.

All reigning individual World Champions shall be offered a personal wild card place in all competitions. For World Cup Round 2/EOC, the reigning European Champions in each respective format, Long and Middle distance, shall be offered a wild card place in that format. These wild card places are conditional on selection by the national team and shall be additional to the national quotas.

The personal wild cards for the respective rounds / competitions:

Round 1 (all competitions): Tove Alexandersson (SWE), Maja Alm (DEN), Daniel Hubmann (SUI), Olav Lundanes (NOR),

Round 2 – Competition 4 (Long Distance): Tove Alexandersson (SWE), Olav Lundanes (NOR), Individual World Champions from Sprint WOC 2020

Round 2 – Competition 5 (Middle Distance – wild card place only in the qualification heats): Tove Alexandersson (SWE), Marika Teini (FIN), Matthias Kyburz (SUI), Olav Lundanes (NOR), Individual World Champions from Sprint WOC 2020

Round 3 (all competitions): Tove Alexandersson (SWE), Olav Lundanes (NOR), Individual World Champions from Sprint WOC 2020

Team World Cup 2020 Special Rules

The Team World Cup in 2020 will be a combination of two relay competitions (World Cup competitions 6 and 9, as defined above), and scores based on performances in the seven individual competitions (1 to 5 inclusive, 7 and 8).

Participation in Relay competitions (competitions 6 and 9)

In competition 6 and 9, a Federation may enter 3 teams each consisting of 3 competitors in each class, but only the best-placed team will count in the result list. Incomplete teams, and teams with runners from more than one Federation are allowed but are not included in the official results. The start list shall be set up according to the Team World Cup standings as of the day prior to the respective competitions (best having the lowest start number). Teams other than a Federation's first team shall have a higher start number than all Federations' first teams.

Scoring – Relay competitions

Team World Cup points are awarded separately in the men's and women's relay competitions (competitions 6 & 9 in the World Cup) as follows:

1st place = 1000 points

2nd place = 800 points

3rd place = 600 points

4th place = 500 points

5th place = 450 points

6th place = 400 points

7th place = 370 points

8th place = 350 points

9th place = 330 points

For places 10 – 40, points = $(400 - (\text{placing} * 10) + 10)$ i.e. 10th place = 310 points, 11th place = 300 points, etc. until 40th place = 10 points

In the case of a tie, the tied teams each receive the same points as if they had each been placed in the highest of the tied positions. Teams that are not placed receive no points.

Scoring - Individual competitions (competitions 1 to 5, 7 and 8)

In each individual competition, the team score for a Federation is the sum of the individual World Cup points scored by all their runners in that competition.

Team World Cup standings

Team World Cup standings are defined as the sum of all scores from both relay and individual competitions.

If there is more than one Federation with the same number of points in the final standings they shall be ranked according to the total number of points earned in the two relay events, and if still equal, according to the total number of points earned in competition 9.



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